

By the end of this unit, students will be able to...

- Summarize Victor Frankl's beliefs about humans and personal limitations prior to his experience in the Holocaust.
- Explain how Victor Frankl's beliefs change as a result of his experiences in the Holocaust.
- Compare and contrast a reactive phrase and a proactive phrase.
- Give examples of reactive phrases and be able to convert them into proactive phrases.
- List and describe the three categories in which the things that affect us can be placed.
- Recreate and explain the significance of the Circle of Concern and the Circle of Control as they apply to personal effectiveness.