Conducting a Pet Physical Exam Notesheet *by C. Kohn*

Name: Hour Date:

Date Assignment is due: Why late? Score: + ✓ -  
 Day of Week Date If your project was late, describe why

**Units**

1. Lab Safety

2. Pet Portfolio  
  
3. Animal Handling & Care  
  
4. Physical Exams  
  
5. Wounds & Healing  
  
6. Bandages  
  
7. Sutures   
  
8. Emerg. Responses  
  
9. Pet Nutrition  
  
10. Pet Obesity  
  
11. Repro Health

**Weekly Schedule**

*Page through this notesheet. Then answer the questions below:*  
Circle one: *I need to review my notes & practice before the quiz.* Definitely – Yes – Sort of - No

Circle one: *I have never seen or heard of some of these concepts.* Definitely – Yes – Sort of - No

Circle one: *This may be a challenging unit for me personally.* Definitely – Yes – Sort of - No

Circle one: *I may need extra strategies for some topics/vocab.* Definitely – Yes – Sort of - No

* List 5 or more problems that could be caught earlier if an owner regularly checked their pet’s health:
* How might having a record of a pet’s health vital statistics (heart rate, respiration, temperature, etc.) assist a vet in an emergency?
* What are all the things an owner should know about their pet prior to an emergency occurring?
* Do some dogs and cats have weird quirks? Why might a vet need to know this in order to make an accurate diagnosis?

**Directions**: use the accompanying PowerPoint (<http://bit.ly/pet-phys-exam>) to complete the questions below. This sheet will be due upon the completion of the PowerPoint in class. These assignments are graded on a +/√/- scale.

1. Who is best capable of determining what is “normal” for a dog or cat?   
   1. Why?
2. What six pieces of information should a pet owner have on hand at all times regarding their pet’s health?   
     
   \_   
     
   \_   
     
   \_
3. What are two key benefits of having and regularly updating your pet’s vital statistics?   
     
   \_   
     
   \_
4. Why couldn’t you just use a book or other credible source to determine what is normal for your pet?   
     
   \_   
     
   \_
5. Remember, a personal physical exam is never a replacement to a
6. What is the normal range for body temperature for a dog or cat?
7. Fevers by themselves are not necessarily (although they can be if   
     
   \_ ) but are more frequently used as indicators of   
     
   \_ .
8. Usually a fever is a sign of . It   
     
   is the body’s way of
9. How do you take a pet’s temperature? Write the 5 steps below:  
     
   \_   
     
   \_   
     
   \_   
     
   \_   
     
   \_
10. After each temperature, describe how to respond based on the PowerPoint slide:  
      
    106o   
      
    105o \_   
      
    103-104o \_   
      
    99-103o \_   
      
    95-99o \_   
      
    Below 95o\_
11. What are the mucus membranes?
12. What are the mucus membranes indicators of?
13. How do you check the mucus membranes?   
      
    \_
14. For each of the following, state what that color of membrane would mean:  
      
    Pink: \_   
      
    Whitish/Pale: \_   
      
    Blue: \_   
      
    Bright cherry red: \_   
      
    Yellow: \_
15. What are the capillaries?
16. Why would a vet check the capillaries? What do they indicate?
17. How do you check the capillary refill time?   
      
    Lift your pet’s and press   
      
    \_ This light pressure will   
      
    \_   
      
    Quickly remove and you should see   
      
    \_   
      
    Use the second-hand of a watch or clock to
18. What does CRT stand for?
19. What do the following CRT Times indicate?   
      
    1-2 seconds: \_   
      
    2-4 seconds:   
      
    4+ seconds: \_   
      
    Less than 1 second: \_
20. What is the pinch test used to check?
21. The first sign of dehydration is loss of
22. How do you check dehydration using the pinch test?   
      
    \_
23. How will you know if the pet is dehydrated?
24. Describe how you measure heart rate:   
      
    \_   
      
    \_
25. A slower-than-normal rate can indicated . A racing heart can also   
      
    point to . Both require
26. A stopped heart requires
27. What are the normal heart rates for the following? Cat Kitten   
      
    Small dog Medium/large dog Puppy
28. Most dogs and cats breath per minute.
29. What is dyspnea?
30. How do you check respiration?   
      
    \_
31. What respiration situations require an immediate call to a vet?  
      
    \_

\_   
  
\_

1. What is responsiveness?   
     
   \_

Unit Wrap-up C. Kohn, Agricultural Sciences - Waterford WI

1. Write the 3 topics that you most need to review before the quiz:  
     
   1\_   
     
   2\_   
     
   3\_
2. Create 3 **high-level questions** related to this material   
   (*These questions could be something you still don’t know or questions that reflect understanding that you have now that you did not have before.*)  
     
   1\_   
     
   2\_   
     
   3\_
3. List 6 **vocabulary words** that you did not know before or have not used very often prior to this unit:  
     
   1\_ 2 3

4 5 6

1. In the spaces below, fully write three strategies that will help you to remember specific vocabulary words or topics from this unit. **NOTE**: A strategy is *not* an activity such as reviewing your notes, studying hard, etc. A strategy is a mnemonic, rhyme, analogy, or other brain-based device that is specific to one item from the unit.

1.\_   
  
2.\_   
  
3.\_

1. Circle the most appropriate response. You will only be graded on whether or not you completed this section, so be entirely honest with yourself when completing this section.

Circle one: *I used my notes outside of class to prepare for the quiz.* Definitely – Yes – Sort of - No

Circle one: *I took extra notes in the margins for very difficult concepts.* Definitely – Yes – Sort of - No

Circle one: *I created a personal strategy for at least three difficult items.* Definitely – Yes – Sort of - No

Circle one: *I was very involved and actively studying during the quiz review.* Definitely – Yes – Sort of - No

Circle one: *I think I will be satisfied with the quiz grade I received this week.* Definitely – Yes – Sort of - No